

THE HAYLING COLLEGE

PSHCE at The Hayling College

Personal • Social • Health • Citizenship • Economic Education

Happy • Healthy • High Performing

Our purpose

PSHCE equips pupils with the knowledge, language and decision-making skills needed to navigate adolescence and adult life safely, confidently and responsibly. It sits at the heart of Personal Development and supports our ambition for pupils to be Happy, Healthy and High Performing.

PSHCE is a planned curriculum, not a collection of one-off discussions. Important themes are revisited as pupils mature so knowledge becomes more sophisticated, relevant and applicable.

Our curriculum entitlement

PSHCE is taught to every year group. The College's published curriculum provides two lessons per ten-day cycle in Years 7–10 and one lesson per ten-day cycle in Year 11. Continued provision through Year 11 ensures pupils receive age-appropriate learning as responsibilities and risks change.

From 1 September 2026, Relationships and Sex Education and Health Education will have regard to the revised DfE statutory guidance published in 2025.

Our spiral curriculum

Key themes are revisited at increasing depth, enabling teachers to build on prior knowledge, correct misconceptions and respond to age, maturity, local context and emerging safeguarding issues.

- Relationships, consent, respect and healthy boundaries.
- Physical health, mental wellbeing and accessing support.
- Online safety, media literacy and managing digital life.
- Personal safety, risk, exploitation and safeguarding.
- Economic wellbeing, money and financial decision-making.
- Careers, employability and preparation for the next stage.
- Citizenship, equality, diversity and life in modern Britain.

Relationships, Sex and Health Education

RSE and Health Education are taught in an age-appropriate, factual and inclusive way. Learning is carefully sequenced and supported by clear ground rules so pupils can ask questions safely and discuss sensitive issues respectfully.

The detailed statutory content, consultation arrangements and right to request withdrawal from sex education within RSE are set out in the College's RSE Policy.

Responding to our pupils and context

Our curriculum is informed by statutory guidance, safeguarding intelligence, pupil voice and parental engagement. Current priorities include online safety, social media, county lines and exploitation, water safety, healthy relationships, financial understanding and preparation for adult life.

Hayling's island and coastal context is used where relevant while ensuring pupils encounter perspectives and experiences beyond their immediate community.

Oracy, current affairs and The Day

PSHCE is strengthened through tutor time, assemblies and current-affairs discussion. The Day gives pupils regular opportunities to engage with national and global issues, explore different viewpoints and practise informed, respectful dialogue.

Pupils learn to distinguish fact, opinion and misinformation; listen actively; justify a position; question assumptions and disagree respectfully.

Careers and financial education

Careers and economic wellbeing connect PSHCE to the wider Your Future at Hayling programme. Pupils use Unifrog, encounter employers and providers, prepare for work experience and learn about academic, technical and apprenticeship routes.

Financial education develops practical understanding of money, budgeting, value, risk and responsible decision-making.

How we know pupils are learning

PSHCE assessment checks what pupils know and can apply; it does not judge personal beliefs or private lives. Teachers use retrieval, questioning, scenarios, written work, discussion and pupil voice to identify understanding and misconceptions.

Quality assurance includes curriculum review, lesson visits, appropriate work scrutiny, pupil voice and staff development.

Working with parents and carers

Parents and carers are important partners. We will publish curriculum information clearly, consult where required and communicate significant developments so families understand what is taught and why.

2026–27 priorities

- Implement and quality assure the revised statutory RSE and Health Education guidance.
- Publish a clear Year 7–11 map showing progression and statutory coverage.
- Continue using pupil voice and safeguarding information to ensure relevance.
- Strengthen staff subject knowledge for sensitive content.
- Map PSHCE alongside tutor time, assemblies, SMSC and careers to avoid gaps or duplication.
- Evaluate impact through pupil knowledge, voice and confidence in accessing support.